

Paul's Recipe to be Peaceful

“Don't worry about anything; instead, pray about everything.
Tell God what you need, and thank Him for all He has done.

Then you will experience God's peace,
which exceeds anything we can understand.

His peace will guard your hearts and minds as you live in Christ Jesus.”

Philippians 4:6-7

Pray about everything. *(verse 6)*

End your disagreements. *(verse 2)*

Ask for what you need. *(verse 6)*

Count your blessings. *(verse 6)*

Engage joyfully. *(verse 4)*

Fix your thoughts. *(verse 8)*

Usurp worries. *(verse 6)*

Live what you believe. *(Verses 1 and 9)*



Remember, the quality of the ingredients counts. So, add lots of thoughts that are true, honorable, right, pure, lovely, admirable, excellent and worthy of praise.

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The Girls Get Together



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